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The Strength and Conditioning Journal (SCJ) is the professional journal for strength coaches, personal trainers,

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The Journal of Strength and Conditioning Research (JSCR) is the NSCA's scientific journal.

Journal of Strength and Conditioning Research - NSCA

Journal of Strength and Conditioning Research. 34 (10):2769-2775, October 2020.

The Journal of Strength & Conditioning Research

Strength and Conditioning Journal. 42(6):109-119,

December 2020. doi: 10.1519/SSC.0000000000000570.

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Current Issue : Strength & Conditioning Journal

About the Journal Strength and Conditioning Journal is the professional journal for strength coaches, personal trainers, physical therapists, athletic trainers, and other health professionals working in the strength and conditioning field.

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Adam Virgile (@adamvirgile) served as the Assistant

Strength and Conditioning Coach for the New York Rangers hockey team (2013). In 2015, he became th ...

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ABOUT THIS PUBLICATION The NSCA Coach publishes basic educational information for Associate and Professional Members of the NSCA specifically focusing on novice strength and conditioning coaches.

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He is also certified by the National Strength and Conditioning Association (NSCA). Prior to his time at Tennessee, Fitzgerald spent four seasons as the head strength and conditioning coach with ...

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